

BOOK REVIEWS

Sara, Book 2



Author: Esther and Jerry Hicks

Publisher HayHouse, Inc

Capturing the world of childhood, *Sara Book 2* tells the story of two children coming to terms with a life.

Wisdom comes to them through the voice of a wonderful owl with a clever sense of humour.

A tree house, a cave, a school and a country community form the backdrop for Seth and Sara as they develop a friendship and face issues that often arise within families.

Seth, the new boy in town, comes from a family that always seems to strike bad luck wherever they live, forcing them to move often. His family believes in strict rules and chores, chores, chores.

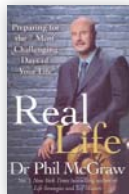
Sara has lived in the town all her life and her family is the opposite of Seth's:

relaxed, easy going, but also with rules.

Solomon, the owl, Sara's long-time feathered friend, accompanies the children on their escapades, teaching them secrets of the Law of Attraction.

From him they discover that although it is impossible to experience all that life has to offer, there will always be new challenges and fresh joys. You'll feel good after reading *Sara Book 2*.

Real Life



Author: Dr Phil McGraw

Publisher: Simon and Schuster – Australia

Phil McGraw examines several of the toughest issues that confront every individual at some time in life: divorce or separation; death; loss of a job; depression; adaptability; and fear.

He talks of the fundamental building blocks every person can use to prepare for the inevitable, thereby allowing them to move through the challenge in a more positive manner.

He looks at the "attitude of approach", making choices and embracing changes no matter how frightening they may be at the time. It is possible to get through many crises if you address the basics and work with what you have: the means within your reality.

Prepare and survive, he advises. If you don't prepare, you probably will survive, but most likely not as well as you may have done.

An underlying message is that staying focused on your whole life and not just on one moment in time is critically important, as well as counting your blessings.

His final words sum up the overall philosophy of the book: "Taking responsibility for your actions and knowing you create your own experience is an empowering reality that helps you live with a sense of calm, peace and security. Remember, if you get into the middle of a dark day or an even longer crisis and you feel you need a miracle – be that miracle."

FILM REVIEWS

This Sacred Earth: The 2012 Phenomenon

Wild Pure Heart

From the first uplifting frame, *This Sacred Earth: The 2012 Phenomenon*, intrigues and delights. Imbued with the trademark lightness of spirit of a Billie Dean/Andrew Einspruch production, this extraordinary film of hope and beauty invites the viewer to hear the good news about the coming times, and how we can each contribute to fulfill the indigenous prophecy of peace. Director Billie Dean interviewed modern wisdom keepers across the planet to give timely and welcome advice about how we can live in love, not fear. Shooting included a shaman gathering in Oregon, USA and a Soul Companion's Wisdom Keepers gathering in Wales, UK and features such notable thinkers as Dr Alberto Villoldo, shaman and medical

anthropologist, Philip Carr-Gomm, Chief of the Order of Bards, Ovates and Druids, scientist and crop circle researcher Janet Ossebaard, Aka, a Hawaiian Kahuna and many others.

This is the film which received a standing ovation at the Conscious Living New Earth Festival in Perth in March at rough cut stage. The finished product sings to your soul and leaves you feeling strangely upbeat about life, the universe and everything.

Available from the Conscious Living eStore www.consciousliving.net.au

The Celestine Prophecy

The usual premise that "a movie is never as good as the book" is supported by the comparison between the book, *The Celestine Prophecy*, and the film of the same name.

The great line up of actors entices the viewer to expect a dynamic story and quality action scenes, but these are not evident. Part of the way through, it becomes obvious that this is most definitely a low-budget film.

After John Woodson (Mathew Settle, I Still Know What You did Last Summer)



loses his job as a history teacher, brief encounters that illustrate the power of coincidences and an invitation from an old flame lead him to Peru.

He experiences vague flash backs, eventually revealed as a past-life drama. His love-interest from that past is also involved in a quest to protect scrolls from the Peruvian Government and Catholic Church, who are convinced the nine insights will displace traditional values. The content in the movie regarding this persecution needs more story line.

At the start of the story, the viewer is led to question evolution versus creation. Our hero is searching for the next step in evolution while the church is confronting the notion that creation can co-exist with Darwin's theory.

The *Celestine Prophecy* film was produced by Armand Mastroianni from a screenplay by James Redfield, Barnet Bain and Dan Gordon, with the musical score composed by Nuno Malo

